

## Minutes from the March 13, 2026 Intergroup Meeting - CJIOA

1. Meeting was called to order at 7:00pm by CJIOA Chair - Ross
2. Ross followed with reading the Welcome, Consensus, Cell Phone Usage, Raise Hand Function and Crosstalk Explanation
3. Tradition and Concept of the Month - Lucille
4. Introduction of Attendees:
  - Ross - Chair
  - Alex C. - Co-Chair
  - Arline - Sat. 11am Whiting
  - Lucille - Mon. Night Asbury Park Beginner, Reg 7 Rep, Co-Chair Outreach, Alt Delegate-Region 7
  - May - Monday night Matawan Steps and Traditions
  - Alex H. - Sat.am Successful Saturday Stories - 9:30am, Manahawkin
  - Carole C. - Friday, 11am, LBI, 12 & 12
  - Frank - Thurs, 7pm on-line Literature Mtg
  - Joan - Monday - Manahawkin 3pm BB, Thursday, 3:30, Tool Workers, Rec. Secy - IG, Member Outreach Comm.
  - Lusk - Thursday evening, Pine Beach, 12 Step Within
  - Marybeth - Sat.am Red Bank-10am, Corres Secy - IG, Outreach Comm. Liason Newsletter
  - Sue - Metuchen Sat am meeting, Reg 7 Delegate
  - Barbara M. - Treas. IG, Rep. Metuchen Weds BB, Sat, am, Sunday evening-Beginners
  - Sima - Monday am Phone Mtg, Outgoing WS Rep, By-laws and Nominating Comm.

33 meetings, 13 attendees, quorum 5 Intergroup reps plus one officer = Quorum

5. Review of last month's minutes:

Ross stated there were a few changes to the minutes from Feb. 13, 2026, but before that wanted to thank Joan for collating all these minutes and appreciated all the hard work. Thank you, Ross. Changes included: Proposal A should be Consent Agenda instead of Business Agenda, Proposal H is really Proposal A, Proposal N should be Proposal 2, Proposal B (end of by-law motions) changed to Proposal 5. Ross asked for motion to accept: Lucille made the motion to accept and said she applauded Joan for the hardest minutes of the year! 😊 Thank you, Lucille. Seconded by Lusk - Unanimous.

6. Intergroup Principles - Read by Sue

7. Strategic Goals - Read by Frank

8. Pamphlet Project: Alex C shared a terrific "Roadmap to the Road of Recovery" she had previously read aloud at the Unity Day Event February 28, 2026. It was a fantastic travel along the road to OA Recovery, and it can be found in its entirety on the CJIOA website. Because of the extended April meeting this coming month, Ross has suggested postponing the Pamphlet Project until May.

9. Reports:

Chair - Ross - Agenda Questionnaire Results: - Every motion made it that we voted for, All motions must be discussed except consent agenda. Find out Consent Agenda from WS Trustees. Ross has a "pipeline" to get in. Alex and Ross will use this one after going over it. As of now Consent Agenda is set, but anyone can pull a motion out of the consent agenda. Just let Ross or Alex know.

Vote for what we are in favor of or against. Lucille is our delegate, and this is a guide for her. We are not bound to it, but things change, and we are hoping we voted on things being represented.

Vice-Chair, Alex C. - No report

Treasurer - Barbara M. - Treasury took in \$548.00 which is good as the monthly average is \$500.00. Outreach charge - repayment paid, Website charge and Zoom, very simple month, paid, AI - shortened.

Ross asked if he should take the Treasury Report Review from the agenda. Barbara said not yet as she needs to find someone with an accounting background. There is someone at her meeting she might ask.

Recording Secy - Joan - No report - Glad Ross clarified changes to the Feb. minutes, and glad it is done!

Corresponding Secy - Marybeth assumes we will vote next month on the consent agenda. Could we all look it over first to save us a lot of time. Ross said there will be 3 pros and 3 cons next month so we will postpone the April individual reports. Hopefully that will help us not get out as late in April. Marybeth also asked with any meeting list changes you send her an email, but text first that you are sending it. She can't change any [OA.org](#) meeting lists, but she can change those on CJIOA.

Webmaster - Nick - Not feeling well, nothing to report. He will put up any notices on our website this weekend

Outreach - Lucille desperately needs a volunteer for the one day conference in Asbury Park on Wednesday, 5/27/26, from 8:30 to 4:30. Marybeth volunteered immediately to come to Asbury Park. Thanks, Marybeth. Also, Lucille is asking for male volunteers to attend the New Hope Rehab in Holmdel to tell their stories as there are more male patients than female. She feels males relate better to males in this case. Outreach visits New Hope on the first Tuesday of each month from approximately 1:00 to 2:30pm, and she will meet anyone who wants to attend to follow her to show the way.

Lucille also is looking forward to an updated article on Outreach in the Newsletter when it comes out.

12 Step Within - Lusk - No Report

News from Region - Sue - Region 7 Assembly held a workshop on March 14, 2026 starting at 9:00am. There was committee work, a lunch meeting, and speaker. The conference was free, but Bob Law wanted to remind everyone registration was necessary according to World Service. The main topic was "The Power of We" from 1:15 to 2:00 pm. Information will be on the Region 7 website under audio-files. There were many motions, nothing contentious, just organization between the by-laws and policy.

Lucille is very grateful that the Spring Assembly is virtual and one day only. She is curious to see the goals being set for the 12 Step Within Committee. Ross said anyone can register on the Region 7 Website.

News from World Service - Sima - Has her final meeting on March 14, 2026 - Unity with Diversity Committee. They worked on Tough Questions workshop dealing with various questions at the meetings. It will go up on the Website [OA.Org](#) if anyone else wants to have a meeting on this. Sima will then be off this committee entirely.

Alternate Delegate, Lucille, will have a mentor. She said she wishes she knew what she was talking about 😊, and Ross said “You will do great”!

Literature Proposals - Could someone explain:

Ross said delegates would read proposals ahead of time and two literature proposals are Healing Mind and Soul, and Unity with Diversity checklist. They will be new literature. You can find them on OA.Org.

It is up to Lucille whether she likes it or not, and she said you can ask us for input. Sima said it came out of her WSCCommittee - Unity with Diversity.

By-laws: Updated By-Law Review - it is in the Procedure Manual - Odd Years. We could change the Policy Manual. Ross could not find the Odd Years in the By-Laws. If no changes then send it to the trustees for review. Ross asked Alex to look into it.

Insurance: Mikey - Difficult Day, He and his wife need prayers 🙏.

Nominating Committee - Sima - April, nothing this year - only odd years.

OA Holidays: Unity Day, Alex counted 26 attendees, Ross counted 31. Alex decided not to pay an extra \$50.00 for over 100 people. Joe (from Texas) played Rozanne’s interview video for a large part of the program which was very informative and entertaining after Alex read her Road Map in OA story. It was a fantastic Unity Day! Thank all of you for putting it together. The only cash donation Barbara M got was for \$1.47. If there are others we will see them in April.

Sponsorship Day in August: Alex could use input,  
Idea Day - nothing yet as it is in November

Old Business: Google Phone - Lucille, Alex, Barbara, Sima and Ross have access to the phone. Ross asked if there is one designated person to answer the calls. Lucille offered to let everyone know if there are any calls and text you other three.

New Business: Proposal to change Intergroup meeting nights from Friday to Sunday. Friday night meetings tend alienate young people who go out Friday nights, and many OA members are Jewish and celebrate Sabbath on Friday evenings. There were a few varying opinions.

Marybeth said yes to Sunday

Lusk said he likes Sunday nights. He invites everyone who wants to come.

Ross said traditionally they were held in-person or ZOOM Friday nights, some of our Jewish friends do attend, and “if it ain’t broke, don’t fix it”. He likes status quo. Ross also said to send anyone’s email address as Friends of CJIOA, and he will mention it in “What’s New in NJ”. Sue will create a Google Form to be sent to our various meetings to be read aloud to see if there is any interest in changing the meeting nights from Friday to Sunday.

Joan will ask Judy O from the Lakewood Wednesday night meeting to poll the attendees to see if there is any interest in any of them attending an Intergroup meeting regardless of the night.

News from Groups or Announcements: Jackson meeting will be using in the next 2 or 3 weeks the Steps and Tradition Books and workbook. There is already a 7th Tradition meeting in Jackson so it is not new - just promoting it. Frank had a newcomer in February who heard about OA on the CJIOA website and has become a regular; Lucille had a newcomer in Asbury Park who learned about it in the church bulletin, so she is encouraging anyone to reach out to your own churches to ask meeting to be put in their bulletins, Marybeth said the 10am Red Bank on Saturday mornings could use help; Lusk said a long-standing member of the Lakehurst Tuesday morning meeting, Dolores, passed away in her 90s, and there was a church service for her; Arline said they had one new member at the Whiting Saturday morning

meeting, but she did not return. St. Peter's Monday morning beginner/discussion meeting had two visiting Nursing Students assigned to visit an OA meeting. Ross said it is an open meeting so there was no problem in their attending. They gave out literature, and it went very well.

For Voting next month Sima felt we should spread the word to all reps so each meeting is represented and can vote. Ross will mention it in "What's New in NJ", Sue agreed and will create a google form to explain how we vote and inform the meeting members of the importance of having a vote.

Meeting was adjourned at approximately 8:13pm after being led by Alex C in the Serenity Prayer.

Respectfully submitted,  
Joan T. Recording Secy.  
4/3/26