

## 2026 Meeting Directory - Central Jersey Intergroup OA

Email meeting changes to: [maryb20260@aol.com](mailto:maryb20260@aol.com)  
 For the most current meeting information visit our website at [www.oa-centraljersey.org](http://www.oa-centraljersey.org)

Meetings are closed unless noted.

Updated 5/20/2026

Time	City	Meeting Name & Location	♿	Contact Information	Zoom ID or Conf Phone		Code	
<b>SUNDAY</b>								
11:00 am – 12 pm	Formerly RWJ Fitness Center - Sunday #10966	Online		Sima M. 908-499-3993	Zoom ID 882 0012 6743 PW 710233 Dial in 646-558-8656		C, SS	
7:00-8:00p	Online – Formerly Laurence Harbor	Online		Marty Siobhan 732-309-6574 201-448-5026	Zoom ID 967 8753 0428 PW recovery <a href="https://zoom.us/j/96787530428?pwd=d2x0TFBqa2VxZnlqRjl1YVNXbE1ndz09">https://zoom.us/j/96787530428?pwd=d2x0TFBqa2VxZnlqRjl1YVNXbE1ndz09</a>	Phone 646-558-8656 <a href="tel:+16465588656">+16465588656</a> , <a href="tel:+196787530428">96787530428</a> #	O, L, W, Z	
7:00-8:00p	Metuchen #19592	St. Luke’s Episcopal Church, 17 Oak Ave. Robbin’s Room in the Parish Hall	Y	Bobbi M	908-510-2029	Live 1/1/2023	B, D, O	
<b>MONDAY</b>								
10:00-11:00a	Freehold #57583	St Peters Church Community Center 33 Throckmorton St	Y	Leslie	707-820-7333	Live	B, D	
10:00-11:00a	Bradley Beach #04398	Bradley Beach Library, 511 4th Ave, Reading Rm-Lower Level	N	Kathy C	732-859-0896	Conf # 727-731-5078	807979	O, BB, SS
10:30-11:30a	Telephone Meeting	Formerly Berkeley Heights		Sima	908-499-3993	Conf # 267-807-9601	798380442	BB
3:00-4:00p	Manahawkin #34761	United Methodist Church 116 Stafford Ave	Y	Joan	732-261-0173	Live	BB	

6:00-7:00p	Online #89850	Formerly Princeton		Melanie	609-203-2159	Zoom ID 836 6318 You must keep your video on during the meeting.		O, Z, Rotate L
7:30-8:30p	Online	Freehold Virtual Meeting		Robin	732-598-6793	Zoom ID 899 0242 5947 PW recovery4u <a href="https://us02web.zoom.us/j/89902425947?pwd=MnNtM0NlbnFjc3bHNmWWE3Y05VckNydz09">https://us02web.zoom.us/j/89902425947?pwd=MnNtM0NlbnFjc3bHNmWWE3Y05VckNydz09</a>	Telephone: 929-205-6099 Phone Passcode: 4981507421	O, L, S, Z
7:30-8:30p	Asbury Park #51161	Trinity Episcopal Church, 503 Asbury Ave Entrance is glass door between the school and the church.	Y	Lucille	908-419-5536	Live	807979	O, B, PS
8:00-9:00p	Online Formerly Matawan/ Aberdeen #02619	Formerly Matawan/Aberdeen		May	732-679-2510 mayzydoats@aol.com	Zoom – Call or email for ID		BB, SS:1st wk, Z
<b>TUESDAY</b>								
9:00-10:00a	Online #18182	Formerly Metuchen	Y	Marilyn	732-220-9361	Zoom ID 717 1579 9511	Zoom only	SS & T
10:00-11:00a	Lakehurst #56643	United Methodist Church 204 Elm St Lakehurst	Y	Jayne	908-591-1498	Live		O, L, Rotate: SS, T, S
11:00-noon	Shrewsbury #00581	Presbyterian Church at Shrewsbury Church House, 352 Sycamore Ave		Janice	732-204-2371	Live		O, L, D, TF
7:00-8:00p	Online	Formerly Brick	N A	Mike	732-939-2472	Zoom ID 729 0223 2051 <a href="https://us02web.zoom.us/j/72902232051?pwd=VFQ2WTZsaDVyL256aEMrQ2cxWTd0dz09">https://us02web.zoom.us/j/72902232051?pwd=VFQ2WTZsaDVyL256aEMrQ2cxWTd0dz09</a>	645397	SS & T, O, Z
7:30-8:30p	Scotch Plains #46150	RWJ Fitness & Wellness Ctr, 2120 Lamberts Mill Rd	Y	Kathy	908-358-5154	Conference Call 425-436-6330	865321#	L
<b>WEDNESDAY</b>								
10-11:00a	Jackson #52740	Debows United Methodist Church, 509 Monmouth Rd.		Judy H	732-890-6593	Live		O, L: For Today

7:00-8:00p	Westfield #11392	Redeemer Lutheran, 229 Cowperthwaite, enter rear, basement	Y	Judy G	908-955-4445	Live		L
7:00-8:00p	Metuchen #58362	St. Luke's Church 17 Oak Ave., Blue Rm Metuchen		Barbara M	732-439-0001	Live		BB
8:00-9:15p	Lakewood #45566	Lev Rochel Bikur Cholim Bldg 93 Prospect St - across the street from Monmouth Med Ctr South	N		Text 203-767-2161 for info, or if door is locked	Live	Park in large parking lot (this lot is closer to Williams St)  No meeting on Jewish holidays – bldg. closed	HOW, B, S, Z
<b>THURSDAY</b>								
3:30-4:30p	Manahawkin #50375	Stafford Community Center 385 Jennings Rd	Y	Barbara	609-290-0843	Live		L, D
6:30-730p	Oakhurst #801987	First United Methodist Church 103 Monmouth Rd Oakhurst		Carol Ann V	908-812-2314	Live		SS, T
7:00-8:00p	Online Formerly Red Bank #800478	Online Literature Meeting Formerly Red Bank		Frank	917-841-3585	Zoom ID 81699457827 <a href="https://us02web.zoom.us/j/81699457827?pwd=SkpxTkp0TkVsaXgzY2tXNllvcVkrUT09">https://us02web.zoom.us/j/81699457827?pwd=SkpxTkp0TkVsaXgzY2tXNllvcVkrUT09</a>	Call Contact for PW	L, Z
7:00-8:00p	Pine Beach #54203	Pine Beach Chapel 401 Hillside Ave	Y	Nancy	732-269-3418	Live		L, D
7:30-8:30p	Hillsborough #47678	Hillsborough Fellowship Bible Ch, 109 New Amwell Rd	N	Mary Beth	908-295-5237	Live		O, SF: Rotate
<b>FRIDAY</b>								
10:00-11:00a	Jackson #53388	DeBows United Methodist Church, 509 Monmouth Rd.		Ross	732-239-7209	Live		SS & T, W
11:00-noon	LBI #56471	St Francis Community Center 4700 Long Beach Blvd Brant Beach	Y	Dede	609-494-2909	Live		SS

<b>SATURDAY</b>								
9:00-10:00a	Online	Formerly Hunterdon Medical Group, Flemington	Y	Diane	908-442-3679	Zoom ID 327 061 646 PW 062566 <a href="https://zoom.us/j/327061646?pwd=Sihyb2hRUET6clFSVnhKdVQ0dE5aZz09">https://zoom.us/j/327061646?pwd=Sihyb2hRUET6clFSVnhKdVQ0dE5aZz09</a>	Phone 646-558-8656	L, S, Z
9:30-10:30a	Manahawkin #24244	Beginner Discussion Ocean Community Church 1492 NJ 72 West Manahawkin	Y	Annie D.	609-276-0898 Email budsi@comcast.net	Zoom ID 531 270 0571 Call for PW.	Phone 929-205-6099	O, B, D, S, H
10:00-11:00a	Red Bank #06772	First Baptist Church, 84 Maple St, Red Bank. Main entrance to church, up the ramp and to the right	N	Janice	732-720-9100	Live		BB
11:00-12:00p	Metuchen #54583	St. Luke's Episcopal Church, 17 Oak Ave. Fryer Room in the Parish Hall		Sue	908-356-2376	Live		O, L
11:00-noon	Whiting #56069	Christ Lutheran Church 40 Schoolhouse Rd Manchester Township	Y	Emily	860-563-5581	Live		O, L
11:00-noon	Online	Formerly Old Bridge	Y	Brenda	732-617-8696	Zoom ID 762 0515 8312 PW 813898 <a href="https://us04web.zoom.us/j/76205158312?pwd=eCsvgemVBM09CRkVRaUpTak11ZzNlZz09">https://us04web.zoom.us/j/76205158312?pwd=eCsvgemVBM09CRkVRaUpTak11ZzNlZz09</a>	Phone 646-558-8656	SF: Rotate SS, S, BB, L, Z
<b>Revised 5-20-2026</b>								
<p>New/Changed Info Highlighted in yellow   B: Beginner   BB: AA Big Book   CF: Child Friendly   D: Discussion   FP: Free Parking   H: Hybrid   L: Literature   LL: Lifeline magazine   <b>1st/Last wk</b>: format changes 1st/last week of month   M: Men's Meeting   O: Open   PS: Positive Sharing   R: Relapse Survival   S: Speaker   SF: Specific Format   SS: Step Study   T: Traditions   TF: Teen Friendly   W: Writing   V: Virtual   VOR: Voices of Recovery   Y: Youth Meeting (12-18yr)   Z: Zoom   C: Closed</p>								
<b>Please remember to <u>CALL</u> and <u>CONFIRM</u> the <u>meeting time &amp; location</u>, especially during inclement weather.</b>								