

CJI AGENDA –May 8, 2026, 7 PM via Zoom
(Chair Note to Record Meeting on Cloud)

1. Open with the Serenity Prayer

2. Welcome - As we extend the heart and hand of fellowship to those who still suffer, let us be mindful of OA's Unity with Diversity Policy, which respects our differences, yet unites us in the solution to our common problem. Whatever problem you may have with food, you are welcome at this meeting.

We strive for consensus, fairness, and an informed group conscience within the spirit of the Traditions and Concepts, loosely following Robert's Rules. Majority rule is not the same as group conscience.

Please turn off all cell phones and texting devices at this time so that we can devote our full attention to working together for a positive and productive meeting.

Please raise your hand to be recognized. No crosstalk.

3. Tradition and Concept of the Month

Tradition 5 "Each group has but one primary purpose---to carry its message to the compulsive overeater who stills suffer". Spiritual Principle: Purpose

Concept 5 "Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered" . Spiritual Principle: Consideration

Quorum: Representatives from fifteen percent (15%) of the registered meetings plus one (1)

Officer constitutes a quorum

Total CJI Meetings: 33

15%: 5 intergroup reps

5 intergroup reps + 1 officer = Quorum

Quorum?

4. Introductions of Attendees (chair calls)

5. Review of last month's minutes

6. Intergroup Principles

A. OA has no power structure, only a service structure.

B. Intergroup has "...no power to enforce rules on OA groups or individual members." (OA 12 & 12, p 119; p 100, 2nd ed.)

C. Disagreement does not equal personal rejection.

D. Diversity can be our strength.

E. If we all agreed on everything, we wouldn't all be necessary.

F. Keep our discussions within the spirit of "I love you, but I disagree with you."

G. When the group conscience is reached, let there be unity.

7. Strategic Goals

1. Help members strengthen their recovery.

2. Increase the number of sponsors. 3. Increase the number of newcomers. 4. Increase the retention of newcomers. 5. Help those in relapse. 6. Continue our Outreach to the Public and healthcare professionals.

7. Inspire people to give more service.

8. Pamphlet Project/ 5 min Qualification. open

9. Reports

Chair – Ross, My thanks to Alex and Marybeth as well as everyone else for last month's meeting.

Newsletter report (Robin M)

Vice Chair: Alex

Treasurer - Barbara

Treasury report, treasury check book review

Recording Secretary -Joan

Corresponding Secretary – Marybeth

Web-Site- Nick

CJI Outreach- Lucille, Joan, Mikey, MaryBeth

12 Step Within- Lusk, Marty,

News from Region- Sue, Lucille-R7 Assembly Reports

News from World Service –Lucille 2026 WSBS Report

Bylaws: Alex, Sima: Bylaws updated in 2024, next review in 2026 (reflect in By-Laws and Policy manual this change.

Insurance: Mikey J.

Nominating – Sima, Mikey

OA Holidays: Unity Day (last weekend Feb.-Sat even/Sun odd.) - Alex

Sponsorship Day (3rd full weekend in Aug.) – Alex

IDEA Day (3rd Weekend in November) -Alex

12 Step Within Day (12/12) - Ross, Lusk, Marty, Jill

10. Old Business:

11. New Business:

12. News from Groups/Announcements: Ask newcomers on where did they learn about OA.

13. General Note: -Please remember to send all changes for group meeting times, locations, formats, contact persons, new meetings or canceled meetings to Marybeth.

14. Adjourn with the Serenity Prayer.

Our next Meeting is June 12, 2026 at 7 PM on Zoom. (Chair Note: stop the recording)