

Hi everyone,

Alex here – your CJIOA Vice Chair.

At this month's Intergroup meeting, we had 11 representatives plus myself. I had the privilege of chairing the meeting in Ross' absence (glad to hear the move went well! 😊). We got right down to business at 7:00 p.m. last Friday, July 10.

Thank you to everyone who continues to support OA through your Seventh Tradition contributions. OA World Service is experiencing a significant budget shortfall this year, and members are encouraged to consider supporting the Annual Appeal if they are able. Information will be available on the CJIOA website, and we ask that you please share it at your local meetings. As approved in our budget, CJIOA will also be sending **\$1,000 each** to World Service and Region 7.

Outreach News

Our Outreach Committee continues to stay busy!

- Planning has begun for outreach at the **New Jersey Education Association Convention** this fall.
- Region 7 continues preparations for **Obesity Week** in Washington, D.C.
- We're looking for OA members ages **18–30** to provide feedback that will help improve outreach to young adults. If you know someone in that age group who would be willing to participate, please reach out to Lucille.

One especially encouraging story this month: a therapist referred a mother seeking help for both herself and her 14-year-old daughter. While we don't currently have meetings designed specifically for teens, it's wonderful to know that healthcare professionals are recommending OA to those who need us.

A reminder for all meetings: When welcoming first-time newcomers, please ask how they found OA. Knowing what brought them to us helps us understand which outreach efforts are working and where we can continue to carry the message.

Coming Up

- **August 1** – Special meeting featuring the *Bill W.* documentary at St. Luke's Church in Metuchen (11:00 a.m.). Everyone is welcome!
- **August 22 – Sponsorship Day** (Virtual, 1:00–3:00 p.m. ET)
Theme: *Sponsorship Through the Twelve Steps*

Helpful Links

CJIOA Website

<http://oa-centraljersey.org/home/virtual-events/>

World Service Office News Bulletin – July 2026

<https://4cbgp.r.a.d.sendibm1.com/mk/mr/sh/1t6AVsd2XFnIG8W9kUSJYbTdYnu6uw/UwaoIEE1wcjP>

Our next Intergroup meeting is **Friday, August 14**. We hope to see you there!

In service,

Alex

CJIOA Vice-Chair