

CJIOA INTERGROUP MINUTES - July 10, 2026

Meeting called to order by Alex (taking over for Ross for July and August). Thank you, Alex.

1. Open with Serenity Prayer - Alex
2. Welcome - Alex
3. Tradition and Concept of the Month - Joan

Quorum and Registered Meetings - Alex

4. Introduction of Attendees: May - Matawan-Monday-Zoom, Mikey-Freehold-Monday, Outreach, Insurance Guru, Sue-Metuchen-Saturday, Lucille-Asbury Park-Monday, Co-Chair-Outreach, Reg. 7 Rep., Barbara-Intergroup Treas., Metuchen-Sunday-Wednesday, Joan-Recording Secy, Manahawkin-Monday & Thursday, Outreach, MaryBeth-Corresp. Secy, Sat. Red Bank, Outreach, Newsletter Asst., Jayne - Tues. Lakehurst, Alex H. - Fri. am Manahawkin, Carole-Sat. am Manahawkin, Sima - Monday Cranford phone, By-Laws, Nom. Committee, Alex C.-Monday Online formerly Freehold, CJI Co-Chair

5. Review of last month's minutes - No corrections or deletions. Mikey added that Ross has officially moved, Lucille made a motion to accept, seconded by Barbara - 11 Unanimous.

6. Intergroup Principles - Read by Sima

7. Strategic Goals - Ready by Barbara

8. Pamphlet Project - None for July, no volunteers for August, it will be put in next month for Sept.

9. Reports:

Chair - Ross - Not present for July and August, 2026 - has moved to another town

Co-Chair - Alex - No report

Treasurer - Barbara: Income \$941.73, \$702.00 Outreach Reimbursement, Regular website and normal expenses paid, as well. Motion to accept - Joan, Seconded by Sue.

Our Intergroup sent \$2,000.00 to World and \$2,000.00 to Region 7 last year as a donation to help their funds (budgeted by us for only one year). It hadn't been cashed for several months as there was no treasurer. The year before that (2024) we had sent \$400.00 to World and \$400.00 to Region 7, and it was voted for 2026 to increase that by \$600.00 each for a total contribution of \$1,000.00 each. It will be sent before the summer is out. As it was already approved in a previous budget, there was no motion to accept needed.

Recording Secy - Joan - no report

Corres. Secy - MaryBeth - Corrections - name of church from First Baptist to Riverside Church - use Side Entrance; Any meeting that said "live" has been amended to "in person", there was no opportunity to contact OA.org, but MaryBeth will try ASAP, she is trying to get meeting attendance up, please text any meeting changes to MB instead of email which doesn't always work for her.

Website - Nick - Unable to be here, all is well.

CJI Outreach - Lucille, Joan, Mikey, MaryBeth - Outreach Committee notes are on the Website. Looking forward to fall. Need volunteers for NJEA convention in Atlantic City in November. We are asking NJIOA and SJIG to combine with CJIOA for resources. Obesity Week in to be held in November in Washington, DC. More info to follow in News from Region below.

12 Step Within - Lusk, Marty - not present

News from Region - Sue, Lucille - Invited everyone to sign up for the Region 7 Convention (on website) in November, reasonable rates for hotel, we are waiting for the official voting results from questionnaires we filled out in May to be sent in September, Obesity Week to be held in November in Washington, DC, sponsored by Region 7, and is looking for volunteers to man the tables. The Committee decided volunteers should be at a healthy body weight. Lucille said she is still working on that so Josephine from the Outreach Committee will do that service. Sue was not at the meeting that specified people not at goal weight can't man the tables. She said they may not have enough people, she will go back to push the issue because it violates a tradition that it is not about goal weight and that diversity is our strength. Region 7 is also looking for feedback to improve meetings from age groups 18-30. Sue explained there is a large meeting on OA Website called Better Together at 9pm every night especially for young people. Joan also explained a phone call from a parent regarding her 14 year old daughter attending a meeting, and that the parent would have to attend with her. Joan explained the types of meetings were beginner/discussion, some 12 & 12's were not age appropriate for open discussion especially many Step 4 questions nor would beginning with the BB explain anything correctly to a 14 year old. The mother kept asking if OA would or would not be appropriate for her daughter, Joan gave her the information to attend a local beginner/discussion meeting with her daughter to familiarize herself with the program, and the woman never came.

News from World Service - Lucille - There is a special meeting this month in Region 7 -Weds., 7/15, 6:00-7:00 pm because occasionally a need arises for a special assembly to vote on ByLaws Motion for the next assembly.

By-Laws - Alex C., Sima - Alex has to clear up questions with Ross. By-Laws will be reviewed.

Insurance - Mikey - People manning booths at Obesity Week Venue need to have insurance. Mikey said if your Intergroup has insurance you can go anywhere in the United States and are fully covered. Nothing else at this time.

Nominating - Sima -Ross needs to send a list of what positions will be open at the end of 2026. He hasn't had a chance.

OA Holidays - Unity Day is the last weekend in February - Saturdays in even years, Sunday in odd years.

Sponsorship Day (3rd full weekend in August means weekend must begin on a Friday) so this year is Saturday, August 22nd, 2026 from 1:00-3:00pm, held virtually. There will be 3 speakers, 3 panelists to answer questions on how they sponsor - Flyer is up on website, Theme is - "Sponsoring Through the 12 Steps". Alex C spoke with Nick about buying extra zoom time for more than 50 people which we will discuss at our next Intergroup meeting. Alex will not be able to attend on 8/22 as she has a bridal shower in Rhode Island that day.

IDEA Day - Third weekend in November. Mikey has secured Aldersgate Methodist Church again in East Brunswick for our venue. More information to follow in August at next meeting.

12 Step Within (12/12) - Ross, Lusk, Marty, Jill - too early yet

10. Old Business - Lucille - notes are already up on Website, Looking forward to Fall

11: New Business - OA's Annual Appeal - Sue explained the shortfall in contributions to World Service since the pandemic. The budget has a shortfall of \$178,600.00, so Leann has asked for regular donations from us. Barbara had previously explained that in 2025 we gave both Region 7 and World Service \$2000.00 each from our treasury as we had more money that year. Normally it had been \$400.00 to each yearly (see our Treasurer report above). For 2026 we added another \$600.00 each to that \$400.00 for a total of \$1,000.00 each. Lee Ann suggested reading aloud and sharing with our meetings for one month the Annual Appeal Letter from World Services.

12. News from Groups - Sue said on Saturday, August 1st, 2026 from 11:00am-12:30pm St. Luke's Church in Metuchen will be showing the Bill W. Documentary in lieu of the regular meeting.

Carole C (Manahawkin) told MaryBeth the information for the previous LBI Saturday 11am, 12 & 12 meeting has changed to Pine Street, 10am, Fridays in Manahawkin, but it still appears as St. Francis Parish, LBI, Saturdays. Mary Beth said to text because of email glitches with her computer, and that her phone number is always in CHAT - 732-674-5032. Thank you MaryBeth and Carole.

13. General Note: Please remember to text all changes for group meetings, times, locations, formats, contact persons, new meetings or canceled meetings to MaryBeth phone number above.

14. Adjourned with the Serenity Prayer - 7:38pm -led by Alex C. Thank you all.

Respectfully submitted:
Joan T.
Recording Secretary